



## Annual Summary Report 2020 – Heights and Minds Activities

The forward-looking plans for 2020 as reported in 2019:

- Evaluate the daily management of the two MindUps in Dakar;
  - Document the operations for learning by doing guidelines;
  - Develop a comprehensive training plan based on the learning by doing experience with the two Tawfekhs in Dakar;
  - Establish the global network;
  - Draft the concept for the E-learning plan;
  - Establish contacts in Indonesia for the second country proof of concept;
  - Raise funding to scale-up to Thiess in Senegal and start up in Indonesia.
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In the first quarter of 2020, the second MindUp in Senegal was opened as Tawfekh Keur Jaboot in the peri-urban area of Rufisque in Greater Dakar. Keur Jaboot is very well located in a busy street and attracted immediately attention from many visitors. At the same time close collaboration was established with the nearby health center who referred pregnant women and young mothers to attend the growth promotion services and cooking demonstrations. Keur Jaboot was off to a very good start with about 80 children registered and cooking demonstrations 3 times a week, when it was closed due to covid-19. Keur Jaboot reopened in October 2020 and is regaining their momentum. A brief report on the past months of services is being developed and will be part of the reporting on 2021 activities.

Tawfekh Diam started in November 2019 with the activities, however, the location started being problematic due to co-sharing with another NGO whose activities started to limit the Tawfekh services. Diam Ak Khewal started identifying another location when covid-19 stopped all activities. They are currently in the process of re-organizing and HMF will re-establish discussion on future engagement in the next visit.

A new partnership was signed with Yayasan Pilar Tunas Nusa in Bandung Indonesia. An MOU was signed in October 2020 and the opening of a new MindUp, called Ruang Riang Ceria (RRC) is planned in early January 2021. Due to covid-19 official opening is being postponed although activities in the community to explain RRC services, engagement with local authorities and health officials, all have started.

HMF welcomed new members to its global board, collaborators, new partners and has started internships partnerships with the Hogeschool Nijmegen-Arnhem, Maastricht University, Utrecht University, and Odisee Hogeschool in Gent, Belgium. Fundraising activities have started and there are a number of promising opportunities.

Despite covid-19, HMF managed to maintain contact through virtual communications and started developing its on-line tools: learning modules, reporting system, implementation manual.



The forward-looking plans for 2021:

- Evaluate the daily management of the functioning MindUps and document lessons learned;
  - Test the on-line reporting system – administrative and growth promotion activities;
  - Finalize the Training Roadmap, Training of Trainers Manual and individual training modules;
  - Test the first cook-off between MindUps through the global network;
  - Develop Global Board terms of reference and hold first Global Board Advisory meeting;
  - Raise funding to scale-up to Thiess in Senegal and a second MindUp in Indonesia;
  - Develop plans to start activities in Madagascar and Guyana.
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